

PRODUCT INFORMATION

Reflex Nutrition was one of the first companies in the world to introduce micellar casein as a stand alone protein supplement to the market back in the 90's. Since then the quality of the product has improved along with the flavour and mix-ability. Today it is one of the "go-to" time release protein powders.

QUALITY COMES FIRST

— We insist on only using milk sourced from EU grass fed cattle as the starting material. We do not use milk or whey products from the USA because of the widespread use of growth hormones and antibiotics. Quality at Reflex Nutrition[®] is of absolute paramount importance. We can never stress this enough, we only manufacture the best of the best and that dictates only using the best ingredients available.

— Our micellar casein product comes from pure milk protein concentrate and does not contain any other types of added protein, especially soy, added glycine or anything that would water the product down. As a result it delivers more protein per 100 grams than nearly any other time release protein on the market today.

— The process involved to make this valued and sought after protein powder employs a state of the art ultra filtration process that is carried out at low temperature to capture every single valuable milk protein in its native form whilst carefully filtering out unwanted fat and sugars. The resulting protein powder is exceptional, delivering both pure undenatured native micellar casein and native whey protein in an 80:20 split per 100 g of protein.

It is a slow-release protein, contributing to growth and maintenance of muscle mass.

Micellar casein is used extensively by individuals wanting to take full advantage of its slow release properties. It is slowly digested by the body steadily releasing amino acids into your blood stream. It is therefore the perfect shake before bedtime or during extended periods between meals where it drips feeds your body for up to 6 hours.

Improved flavour and mix-ability.

Using new flavour technology we have improved the flavour of micellar casein dramatically without resorting to adding sugars, corn syrups or creamers. The focus as always is to deliver a product that mixes easily in a shaker and delivers a very satisfying shake experience.

AVAILABLE FLAVOURS

Chocolate Perfection, Strawberries & Cream and Vanilla Ice Cream.



REFLEX
NUTRITION
HIGH PROTEIN

76 %
PROTEIN

2.6 g
CARBS

0.4 g
FAT

PER 33g
SERVING

1.8kg e
54 SERVINGS

FLAVOUR: SEE LID

MICELLAR CASEIN

NUTRITION INFORMATION

Typical Values	per 100 g	per 33 g serving
Energy	1,484 kJ 350 kcal	490 kJ 115 kcal
Fat	1.1 g	0.4 g
of which		
Saturates	0.7 g	0.24 g
Mono-unsaturates	0.3 g	0.1 g
Polyunsaturates	0.04 g	0.01 g
Carbohydrate	7.8 g	2.6 g
of which		
Sugars	2.6 g	0.9 g
Fibre	1.5 g	0.5 g
Protein	76 g*	25 g*
Salt	0.5 g	0.17 g
Bacillus Coagulans (LactoSpore [®])	270,000,000 spores	90,000,000 spores

*Protein calculated using a Nitrogen multiplier value of 6.38.

INSTRUCTIONS FOR USE

Mix 33 g (approximately three heaped 25 ml measures*) with 400 ml water or skimmed milk in a shaker or blender. Consume 1 serving before bedtime. You can also take a serving before a prolonged period of time (more than 3 hours) where no food will be eaten.

The above are our recommended usage directions; you may of course mix with more or less liquid to reach the desired consistency and taste. Product is best consumed immediately once mixed. Do not leave mixed product to stand or leave in warm environments for extended periods. The scoop included with the product measures by volume not by weight, for precise measurements please use measuring scales. This product is sold by weight not by number of servings. *A measuring scoop is included in this container but may settle to the bottom during transit.

Guidance notice: This product is a food supplement and should be used in conjunction with food as part of a healthy balanced diet, not as a substitute for such. This product is not intended to diagnose, cure or prevent any disease. This product is not intended for use by persons under the age of 16. Keep out of reach of young children. Do not exceed the stated daily dose

Storage instructions: Store in a cool dry place away from direct sunlight. To preserve the product once opened; always tightly screw the lid back on and avoid exposing the remaining product to humid air.

Best before end: See shoulder, side or base.

Food supplement powdered drink mix with sweetener.



ReflexNutritionLtd



@ReflexNutrition



Manufactured in the UK by:
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The ingredients of this product may originate from countries other than the UK.

DigeZyme[®] and LactoSpore[®] are registered trademarks of Sabrosa Corporation.

INGREDIENTS

MILK Protein Concentrate (~96 %, [of which 80 % Micellar Casein, 20 % Native Whey Protein]), Flavouring, Cocoa Powder (*chocolate varieties only*), Thickener (Carboxymethyl Cellulose), Colour (Betanin [*berry varieties only*]), Sweetener (Acesulfame K), Colour (Beta Carotene [*vanilla varieties only*]), Potassium Chloride, Sweetener (Sucralose), *Bacillus Coagulans* (LactoSpore[®]).

! ALLERGY ADVICE

■ Made in a facility which handles: Products of Crustaceans, products of Eggs, Products of Fish and products containing Gluten.

