

### PRODUCT INFORMATION

**100 % EGG WHITE PROTEIN** from Reflex Nutrition is a high-quality egg white protein isolate which has one of the highest biological values of any protein available. It is one of the highest quality egg protein powders you can buy in the world today. Long before whey protein became so popular, the go-to protein for just about every person wanting a superior source was egg protein. It has a medium rate of digestion, making it the perfect protein to use any time during the day whether it be post-workout or between meals.

**100 % EGG WHITE PROTEIN** has been carefully manufactured to very strict ISO9001 quality control procedures in an Informed-Sport Registered Site (free from banned substances). It is also one of the only egg white proteins you can buy in the world where the protein content is guaranteed in every single tub we manufacture, so you get exactly what it states on the label. In addition it is completely free from any cheap added amino acids, soy, creamers or added salt. Available in **CHOCOLATE** and **VANILLA** flavours.

### AMINO ACID PROFILE

mg per 100 g of protein		
ESSENTIAL AMINO ACIDS	CONDITIONALLY ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Leucine 8,430	Arginine 5,400	Alanine 5,750
Isoleucine 5,180	Cysteine 2,580	Aspartic Acid 10,050
Valine 7,040	Glutamic Acid 12,730	Glycine 3,440
Lysine 6,730	Histidine 2,400	Serine 6,350
Methionine 3,770	Proline 3,600	
Phenylalanine 6,960	Tyrosine 4,020	
Threonine 4,350		
Tryptophan 1,210		

Theoretical values based on the amino acid profiles of the egg protein isolates used.

### Try our state-of-the-art multivitamin

Reflex Nutrition manufacture two ultra-high quality vitamin products under the **NEXGEN**® brand, arguably the finest quality multivitamin products available. These products are made in capsule rather than tablet form, this allows for greater absorption by the body. They contain vitamins and chelated minerals. Chelated minerals are more readily used by the body than oxide forms. For the conscientious sportsperson try **NEXGEN**®, for the professional athlete try **NEXGEN**® **PRO**. You owe it to yourself to find out more at [www.reflex-nutrition.com](http://www.reflex-nutrition.com)



**70% PROTEIN**  
**ONLY 5g CARBS**  
**ONLY 0.4g FAT**  
 Per 25 g serving.

# 100% EGG WHITE PROTEIN

## HIGH PROTEIN

100% of protein derived from egg white

Egg white protein isolate

One of the highest biological values (BV)

Chocolate flavour, delivering 70% protein

Medium rate of digestion

Food supplement powdered drink mix with sweetener.

[reflex-nutrition.com](http://reflex-nutrition.com)

Flavour: See lid.  
 Best before end: See shoulder, side or base.



USE ANYTIME

**36 SERVINGS**

**900g e**

### NUTRITION INFORMATION

Typical values	per 100 g	per 25 g serving	(RI)*
Energy	1,586 kJ 374 kcal	396 kJ 93 kcal	(5%)
Fat	1.5 g	0.4 g	(1%)
of which			
Saturates	0.8 g	0.2 g	(1%)
Carbohydrate	20 g	5 g	(2%)
of which			
Sugars	0 g	0 g	(0%)
Fibre	0.9 g	0.2 g	
Protein	70 g	17.5 g	(35%)
Salt	3.6 g	0.9 g	(15%)

\*Reference intake of an average adult (8,400 kJ/2,000 kcal)

### INSTRUCTIONS FOR USE

Mix 25 g (approximately one level 60 ml measure) with 300 ml water. Consume 2-3 servings daily.

**Guidance notice:** This product is a food supplement and should be used in conjunction with food as part of a healthy and varied diet, not as a substitute for such. Recommended consumption is up to three servings per day. Do not exceed the stated recommended daily dose. This product is not intended for use by persons under the age of 16. Keep out of reach of young children. Consume product immediately once mixed. The scoop included with this product measures by volume not by weight, for precise measurements please use measuring scales. Scoop may settle to the bottom of container during transit. This product is sold by weight, not by number of servings.

**Storage instructions:** Store in a cool dry place away from direct sunlight. To preserve the product once opened; always tightly screw the lid back on and avoid exposing the remaining product to humid air.

ReflexNutritionLtd

@ReflexNutrition



Manufactured in an Informed-Sport registered UK site by:  
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The ingredients of this product may originate from countries other than the United Kingdom.

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### INGREDIENTS

**EGG** White Protein Isolate (85%), Cocoa Powder (10%), Flavouring, Sweetener (Sucralose).

### ALLERGY ADVICE

For allergens see ingredients in **BOLD**. May also contain milk and a gluten containing cereal.

