

## PRODUCT INFORMATION

Typical Values	per 4 caps (NRV)	
----------------	------------------	--

Magnesium	375 mg	(100%)
Zinc	30 mg	(300%)
Vitamin B6	10.5 mg	(750%)
Copper	1,000 µg	(100%)
Boron	1 mg	

## INSTRUCTIONS FOR USE

Take 4 capsules daily before bedtime.

### Encapsulated food supplement:

Use in conjunction with food as part of a healthy and varied diet, not as a substitute for such. Recommended consumption is four capsules per day. Do not exceed the stated recommended daily dose.

**Keep out of reach of young children.**

## INGREDIENTS

Magnesium Citrate, Magnesium Bisglycinate, Hard Gelatine Capsule (Bovine Gelatine, Black Iron Oxide), Zinc Bisglycinate, Anti-caking Agents (Magnesium Stearate, Silicon Dioxide), Pyridoxine HCl, Copper Bisglycinate, Sodium Borate.



ALBION®

This product has been manufactured on a site that has been tested for banned substances. See website for details.

Capsule size



100  
CAPSULES

REFLEX

NUTRITION

STRENGTH & PERFORMANCE

ZINC MATRIX

Manufactured in the UK by:  
Reflex Nutrition Ltd  
The Science Park,  
Sea View Way,  
Brighton, BN2 6NT  
[ReflexNutrition.com](http://ReflexNutrition.com)



The ingredients of this product may originate from countries other than the UK.

ReflexNutritionLtd

@ReflexNutrition



5 0 3 3 5 7 9 1 0 8 7 7 8 8 >

STORE IN A COOL DRY PLACE

MADE

BEST BEFORE END

LOT: