

## PRODUCT INFORMATION

Typical Values	4 caps	% NRV
Chromium	100 µg	250
L-Carnitine Tartrate	800 mg	
DL-Phenylalanine	400 mg	
Acetyl L-Carnitine	240 mg	
Green Tea Extract	240 mg	
Alpha Lipoic Acid	200 mg	
Cayenne Pepper Extract	200 mg	
Caffeine	160 mg	
Choline	120 mg	
Piperine (BioPerine®)	5 mg	

## INGREDIENTS

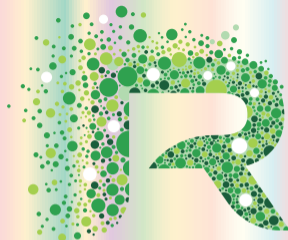
L-Carnitine L-Tartrate, Hard Gelatine Capsule (Bovine Gelatine, Black Iron Oxide), DL-Phenylalanine, L-Choline Bitartrate, N-Acetyl-L-Carnitine, Green tea Extract (95% Polyphenols), Cayenne Pepper Extract (0.5% Capsaicin), Alpha Lipoic Acid, Magnesium Stearate, Caffeine, Anti-caking agent (Silicon Dioxide), Piperine (BioPerine®), Chromium Picolinate.

## INSTRUCTIONS FOR USE

Start by taking 2 capsules half an hour before main meals for the first 2 days to assess tolerance. Then take up to a maximum of 4 capsules before each main meal. On training days take up to 4 capsules half an hour before exercise.

### Guidance notice:

Food supplement, this product should be used in conjunction with food as part of a healthy and varied diet, not as a substitute for such. Recommended consumption is up to twelve capsules per day. Do not exceed the stated recommended daily dose. **Keep out of reach of young children. Contains caffeine. Not recommended for children of pregnant or breast-feeding women** (480 mg per Maximum Daily Consumption).



**REFLEX**  
NUTRITION  
VITALITY

**THERMO FUSION®**

**10**  
ACTIVE  
INGREDIENTS

**100**  
CAPSULES

Manufactured in the  
United Kingdom by:  
Reflex Nutrition Ltd,  
The Science Park,  
Sea View Way,  
Brighton, BN2 6NT  
[ReflexNutrition.com](http://ReflexNutrition.com)



The ingredients of this product may originate from countries other than the UK.

 [ReflexNutritionLtd](https://www.facebook.com/ReflexNutritionLtd)

 [@ReflexNutrition](https://twitter.com/ReflexNutrition)

Thermo Fusion® is a registered trademark of Reflex Nutrition Ltd.  
BioPerine® is a registered trademark of Sabinsa Corporation.



**STORE IN A COOL DRY PLACE**

**MADE**

**BEST BEFORE END**

**LOT:**