

PRODUCT INFORMATION

Beta-alanine is technically a non-essential beta-amino acid, but it has quickly become anything but non-essential in the worlds of performance and bodybuilding.

INGREDIENTS

100 % Beta-Alanine.

Food supplement.



INSTRUCTIONS FOR USE

Take 1.6 g (approximately one level 2.5 ml measure) and mix with water. Take 3 times daily.

Guidance notice: This product is a food supplement and should be used in conjunction with food as part of a healthy and varied diet, not as a substitute for such. Recommended consumption is three servings per day on training days. Do not exceed the stated recommended daily dose. This product is not intended for use by persons under the age of 16. **Keep out of reach of young children.** Beta-alanine consumption is known to produce a mild tingling sensation called paraesthesia in the face and upper torso; this is normal and can last for up to 30 minutes. Consult a medical practitioner if the sensation continues for longer, or other undesired side effects are encountered.

Storage Instructions: Store in a cool dry place. Keep lid on after opening. **Best before end:** See lid, side or base.

This product has been manufactured in a facility which is routinely tested for banned substances. See website for details.



BETA-ALANINE

156
SERVINGS

250g e



Manufactured in the UK by:

Reflex Nutrition Ltd
The Science Park
Sea View Way
Brighton
BN2 6NT

ReflexNutrition.com

The ingredients of this product may originate from countries other than the United Kingdom.



ReflexNutritionLtd



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