

PRODUCT INFORMATION

The **NEXT GENERATION** of sports multivitamin with Guaranteed Performance.*

It contains a collection of 28 high quality ingredients which have been selected with those serious about their sport in mind.

- Capsule form for easier absorption
- Uses high quality chelated forms of minerals

*We believe in this formulation to such an extent that if you do not feel that it has supported your sporting activities in any way, you are entitled to a full refund of your purchase price. (See ReflexNutrition.com for details.)



REFLEX
NUTRITION
VITALITY

28
ACTIVE
INGREDIENTS
INCLUDING
ALBION® MINERALS

60
CAPSULES

ReflexNutritionLtd

@ReflexNutrition

NEXGEN® MULTIVITAMIN



Manufactured in the UK by:
Reflex Nutrition Ltd, The Science Park,
Sea View Way, Brighton, BN2 6NT
ReflexNutrition.com



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NEXGEN®

REFLEX
NUTRITION
VITALITY



INGREDIENTS

Magnesium Citrate, Hard Gelatine Capsule (Bovine Gelatine, Black Iron Oxide), Bulking Agent (Microcrystalline Cellulose), L-Ascorbic Acid, Magnesium Bisglycinate, Zinc Bisglycinate, GrapeSeed Extract, Ferrous Bisglycinate (Ferrochel®), Selenium Enriched Yeast, L-Choline Bitartrate, Nicotinamide, *Bacillus coagulans* (LactoSpore®), Anti-Caking Agents (Magnesium Stearate, Silicon Dioxide), Thiamin Hydrochloride, Pyridoxine Hydrochloride, Calcium D-Pantothenate, Cholecalciferol, Riboflavin, Quercetin Dihydrate, Copper Bisglycinate, Inositol, Coenzyme Q10 (Ubidecarenone), Sodium Borate, Tocotrienol-Rich Annatto Seed Extract (DeltaGold™), Retinyl Acetate, Manganese Bisglycinate, Vitamin K2 MK7 (K2VITAL® Delta), Lutein Esters, Chromium Picolinate, Pteroylmonoglutamic Acid, D-Biotin, Methylcobalamin.

Food supplement containing vitamins and minerals

Capsule size

This product has been manufactured in a facility which is routinely tested for banned substances. See website for details.

NUTRITION INFORMATION

Typical Values	per 2 capsules	NRV
Vitamin A	800 µg	100 %
Vitamin D3	25 µg	500 %
Vitamin K2	11 µg	15 %
Vitamin C	200 mg	250 %
Thiamin	12 mg	1,091 %
Riboflavin	10 mg	714 %
Niacin	20 mg NE	125 %
Vitamin B6	10 mg	714 %
Folic Acid	400 µg	200 %
Vitamin B12	50 µg	2,000 %
Biotin	150 µg	300 %
Pantothenic Acid	10 mg	167 %
Magnesium	100 mg	27 %
Iron	6 mg	43 %
Zinc	15 mg	150 %
Copper	1,000 µg	100 %
Manganese	1 mg	50 %
Selenium	55 µg	100 %
Chromium	100 µg	250 %

INSTRUCTIONS FOR USE

Take one capsule twice daily with food.

Guidance notice: This product is a food supplement and should be used in conjunction with food as part of a healthy and varied diet, not as a substitute for such. Recommended consumption is 2 capsules per day. Do not exceed the stated recommended daily dose. This product is not intended for use by persons under the age of 16. **Keep out of reach of young children.**

ADDITIONAL INFORMATION

Typical Values	per 2 capsules
MINERAL	
Boron	1 mg
VITAMINS AND VITAMIN LIKE SUBSTANCES	
Choline	10 mg
Inositol	10 mg
Quercetin	10 mg
Tocotrienols (DeltaGold®)	3 mg
ELECTRON DONORS	
Lutein Esters	1 mg
Proanthocyanidins	50 mg
ENZYMES & FRIENDLY GUT BACTERIA	
Coenzyme Q10	10 mg
<i>Bacillus coagulans</i> (LactoSpore®)	100,000,000 spores

Storage Instructions:
Store in a cool dry place.

Best before end: See base.

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